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| Therapeutic Day Rehabilitation  34305 |
| Outcome objective: Victorians are connected to culture and community  Output group: Drug Services  Output: Drug Treatment And Rehabilitation |

**OFFICIAL**

**1. Service objective**

Therapeutic day rehabilitation is a non-residential intensive structured therapeutic program. It occurs over a period of weeks and includes counselling and program elements designed to build life skills and promote general wellbeing.   
The non-residential nature of the program fills a service gap for people who may not require intensive residential rehabilitation. The program is suitable for clients who require more intensive support than individual counselling, particularly those for whom the ability to maintain links with home, family and friends are part of achieving sustainable recovery. Day programs are suitable for people who have strong social support and stable accommodation.

**2. Description of the service**

Non-residential rehabilitation programs for people recovering from alcohol and other drug substance misuse. These programs are intensive, structured interventions to address the psychosocial causes for drug dependence through evidence-based treatment, with the aim of sustainable recovery. The program typically includes a mix of motivational enhancement, cognitive behavioural therapies and individual and group counselling, self-help and peer support, and supported reintegration into the community and the re-engagement with recreation and activities.

**3. Client group**

The client group for this activity is people who require more intensive support than individual counselling, particularly those for whom the ability to maintain links with home, family and friends are part of achieving sustainable recovery.   
People who have been subject to compulsory detention and treatment under the Severe Substance Dependence Treatment Act (SSDTA) are a priority group for access and treatment. Other priority groups include people with at-risk dependent children, Aboriginal clients, and justice/forensic clients.

**4. Obligations specific to this activity**

In addition to the obligations listed in the Service Agreement, organisations funded to deliver this activity must comply with the following:

**4a. Registration and Accreditation**

N/A

**4b. Program requirements and other policy guidelines**

* [Alcohol & Other Drug Program Guidelines](https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-program-guidelines)

<https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-program-guidelines>

* [Policy and funding guidelines for health services](https://www.health.vic.gov.au/policy-and-funding-guidelines-for-health-services)

<https://www.health.vic.gov.au/policy-and-funding-guidelines-for-health-services>

**5. Performance**

Funding is subject to achieving the performance targets specified in Schedule 2 of the Service Agreement.

Performance is measured as follows:

**Key performance measure 1: Number of Drug Treatment Activity Units (DTAUs)**

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| **Aim/objective** | To ensure that the service provider has delivered the quantity of services recorded in the service agreement. |
| **Target** | The performance measure target is provided in the Service Agreement |
| **Type of count** | Non-cumulative |
| **Counting rule** | DTAUs and their operation are described in Part 3, Section 4.1 of the AOD program guidelines. These are available on the department’s website. <https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-program-guidelines> |
| **Data source(s) collection** | * Victorian Alcohol and Drug Collection (VADC) / Alcohol and other drug treatment services national minimum dataset |
| **Definition of terms** | A DTAU unit is the measure used to quantify AOD service delivery. DTAUs have a fixed dollar value which is subject to indexation. Different activity types have different DTAU weightings and some priority populations attract an additional weighting |

**Performance measure 2: Number of Drug Treatment Activity Units (DTAUs)**

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| **Aim/objective** | To ensure that the service provider has delivered the quantity of services recorded in the service agreement. |
| **Target** | The performance measure target is provided in the Service Agreement |
| **Type of count** | Non-cumulative |
| **Counting rule** | DTAUs and their operation are described in Part 3, Section 4.1 of the AOD program guidelines. These are available on the department’s website. <https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-program-guidelines> |
| **Data source(s) collection** | * Victorian Alcohol and Drug Collection (VADC) / Alcohol and other drug treatment services national minimum dataset |
| **Definition of terms** | A DTAU unit is the measure used to quantify AOD service delivery. DTAUs have a fixed dollar value which is subject to indexation. Different activity types have different DTAU weightings and some priority populations attract an additional weighting |

**6. Data collection**

The reporting requirements for this service are:

| **Data collection name** | **Data system** | **Data set** | **Reporting cycle** |
| --- | --- | --- | --- |
| Victorian Alcohol and Drug Collection (VADC) / Alcohol and other drug treatment services national minimum dataset | VADC |  | Monthly |

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