

|  |
| --- |
| Sleep and Settling Initiative  28213 |
| Outcome objective: Victorians are healthy and well  Output group: Primary and Dental  Output: Maternal and Child Health |

# 1. Service Objective

Sleeping and settling initiative funding supports families with identified sleep and settling concerns.

# 2. Description of the service

The sleep and settling initiative will provide:

* Information sessions to parents and caregivers at the three developmental stages of birth (newborn sessions) for first time parents, 6-8 months (baby sessions) and 18 months to 2 years (toddler sessions).
* Outreach Consultations for families experiencing vulnerability that have an identified sleep concern, that can be addressed with up to 6 hours of additional support. The consultations provide more intensive and tailored sleep and settling information and support to parents and caregivers in their home or other suitable community setting.

# 3. Client group

This activity is targeted at all families with children aged from birth to school entry with the consultations for families experiencing, or at risk of, vulnerability or disadvantage.

# 4. Obligations specific to this activity

In addition to the obligations listed in the Service Agreement, organisations funded to deliver this activity must comply with the following:

## 4a. Registration and Accreditation

* N/A

## 4b. Program requirements and other policy guidelines

* [Maternal and Child Health Service Framework](https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health/framework-mch) <<https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health/framework-mch>>
* [The Sleep and Settling Initiative Funding Factsheet](https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health/framework-mch) <<https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health>>

# 5. Performance

Funding is subject to achieving the performance targets specified in Schedule 2 of the Service Agreement. Performance is measured as follows:

## Key performance measure 1: Number of information sessions

|  |  |
| --- | --- |
| Aim/objective | This measure provides information on the number of sleep and settling information sessions that have been provided |
| Target | Target is provided in the Service Agreement. |
| Type of count | Cumulative  Non-cumulative |
| Counting rule | Count the number of information sessions provided to parents and caregivers at the three developmental stages of first-time parents birth (newborn sessions),  6 -8 months (baby sessions) and 18 months to 2 years (toddler sessions). |
| Data source(s) collection | Quarterly data collections via CDIS |
| Definition of terms | N/A |

## Key performance measure 2: Number of clients

|  |  |
| --- | --- |
| Aim/objective | This measure provides information on the number of clients provided with sleep and settling outreach consultations |
| Target | Target is provided in the Service Agreement. |
| Type of count | Cumulative  Non-cumulative |
| Counting rule | Count the number of clients provided with engaged in sleep and settling outreach consultations. |
| Data source(s) collection | Quarterly data collections via CDIS |
| Definition of terms | Families experiencing vulnerability and who have a child aged from birth to school age can access the outreach program. A parent or caregiver is vulnerable if their capacity to effectively care, protect and provide for the development and wellbeing of their child is limited. |

# 6. Data collection

The reporting requirements for this service are:

| Data collection name | Data system | Data set | Reporting cycle |
| --- | --- | --- | --- |
| Sleep and Settling Initiative | CDIS | CDIS | Quarterly |

|  |
| --- |
| To receive this publication in an accessible format [email Service Agreement Policy](mailto:sapolicy@dhhs.vic.gov.au) <sapolicy@dhhs.vic.gov.au>  Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne. © State of Victoria, Department of Health and Human Services, January 2020. Where the term ‘Aboriginal’ is used it refers to both Aboriginal and Torres Strait Islander people. Indigenous is retained when it is part of the title of a report, program or quotation. ISSN 2207-8347 (online/PDF/Word)  Available on the department’s [Health and human services activity search](http://providers.dhhs.vic.gov.au/health-human-services-activity-search) <http://providers.dhhs.vic.gov.au/health-human-services-activity-search> |