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| Sleep and Settling Initiative 28213 |
| Outcome objective: Victorians are healthy and well Output group: Primary and Dental Output: Maternal and Child Health |

# 1. Service Objective

Sleeping and settling initiative funding supports families with identified sleep and settling concerns.

# 2. Description of the service

The sleep and settling initiative will provide:

* Information sessions to parents and caregivers at the three developmental stages of birth (newborn sessions) for first time parents, 6-8 months (baby sessions) and 18 months to 2 years (toddler sessions).
* Outreach Consultations for families experiencing vulnerability that have an identified sleep concern, that can be addressed with up to 6 hours of additional support. The consultations provide more intensive and tailored sleep and settling information and support to parents and caregivers in their home or other suitable community setting.

# 3. Client group

This activity is targeted at all families with children aged from birth to school entry with the consultations for families experiencing, or at risk of, vulnerability or disadvantage.

# 4. Obligations specific to this activity

In addition to the obligations listed in the Service Agreement, organisations funded to deliver this activity must comply with the following:

## 4a. Registration and Accreditation

* N/A

## 4b. Program requirements and other policy guidelines

* [Maternal and Child Health Service Framework](https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health/framework-mch) <<https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health/framework-mch>>
* [The Sleep and Settling Initiative Funding Factsheet](https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health/framework-mch) <<https://www2.health.vic.gov.au/primary-and-community-health/maternal-child-health>>

# 5. Performance

Funding is subject to achieving the performance targets specified in Schedule 2 of the Service Agreement. Performance is measured as follows:

## Key performance measure 1: Number of information sessions

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| --- | --- |
| Aim/objective | This measure provides information on the number of sleep and settling information sessions that have been provided |
| Target | Target is provided in the Service Agreement. |
| Type of count | [x]  Cumulative [ ]  Non-cumulative |
| Counting rule | Count the number of information sessions provided to parents and caregivers at the three developmental stages of first-time parents birth (newborn sessions),6 -8 months (baby sessions) and 18 months to 2 years (toddler sessions).  |
| Data source(s) collection | Quarterly data collections via CDIS |
| Definition of terms | N/A |

## Key performance measure 2: Number of clients

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| --- | --- |
| Aim/objective | This measure provides information on the number of clients provided with sleep and settling outreach consultations  |
| Target | Target is provided in the Service Agreement. |
| Type of count | [x]  Cumulative [ ]  Non-cumulative |
| Counting rule | Count the number of clients provided with engaged in sleep and settling outreach consultations.  |
| Data source(s) collection | Quarterly data collections via CDIS |
| Definition of terms | Families experiencing vulnerability and who have a child aged from birth to school age can access the outreach program. A parent or caregiver is vulnerable if their capacity to effectively care, protect and provide for the development and wellbeing of their child is limited. |

# 6. Data collection

The reporting requirements for this service are:

| Data collection name | Data system  | Data set  | Reporting cycle |
| --- | --- | --- | --- |
| Sleep and Settling Initiative | CDIS | CDIS | Quarterly |

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