

|  |
| --- |
|  |
|  |



Providing personal care to people with a disability

Easy English fact sheet for people with a disability

|  |  |
| --- | --- |
| Electronic hoistAccessible shower | Some people need help using the toilet, having a bath, showering or getting dressed. |
| **Two people talking** | This is called personal care or personal support. |
| **A person doing a thumbs-up** | You need to be okay with how you get this help. |

|  |  |
| --- | --- |
| **Figure symbol for woman** Photograph of a woman | Some people want personal care from a woman |
|  | and |
| **Symbol figure for manPhotograph of a man** | some people want personal care from a man. |
| **A person pointing to a picture** | You can choose a man or women to help you with personal care. |
| **Two people at a table writing** | Your service will write what you want and the support you need. |
| **a support plan** | This is called a support plan. |
| **A person thinking** | You can change your choice at any time. |
| **Two people talking together** | Let your service know if you change your choice. |
| A person making a shsss symbol | If a person can’t tell their service what they want the service should: |
| **Two people communicating with the help of pictures** | * ask another service who can help like a communication specialist |
| **Person using a picture board** | * use communication aids like picture board or computer |
| **A smiling group of people** | * talk to your family, staff or an advocate. |
| **A person shrugging shoulders** | If you can’t choose, the service will send you a support worker that is the same gender. |
| **Two women sitting together** | This means if you are a woman you will have a woman support worker |
|  | and |
| **Two men sitting together** | if you are a man you will have a man support worker. |
| **Two people shaking hands** | The service should do what they can to give you your choice. |
| **Person explaining to another person** | Sometimes this can’t happen, the service must tell you why |
| **A support plan** | Your support plan should say what you want to happen if you can’t get your choice. |
| **Two people talking together** | If you are not happy with the help you get you can tell your service provider. |
| **Two people holding hands** | You can ask your family, carer, friend or advocate to help you talk to the service provider if you want. |

|  |
| --- |
| To receive this publication in an accessible format phone (03) 9096 5111, using the National Relay Service 13 36 77 if required or  [email disability services](mailto:disability.services@dhhs.vic.gov.au) <disability.services@dhhs.vic.gov.au>.  Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.  © State of Victoria, Department of Health and Human Service, July 2018.  Thank you to VALiD Inc. for their assistance in developing this fact sheet.  This Easy English document was created using Photosymbols  Made with photo symbols  Except where otherwise indicated, the images in this publication show models and illustrative settings only. This publication may contain images of deceased Aboriginal and Torres Strait Islander peoples.  ISBN 978-1-76069-492-0 (pdf/online/MS word)  Available on the:  [Disability abuse prevention – resources for service providers page on the DHHS website](https://providers.dhhs.vic.gov.au/disability-abuse-prevention-resources-service-providers)  https://providers.dhhs.vic.gov.au/disability-abuse-prevention-resources-service-providers |