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| DecorativeNon-Residential Withdrawal  34303 |
| Outcome objective: Victorians are healthy and well  Output group: Drugs Services  Output: Drug Treatment & Rehabilitation |

# 1. Service Objective

Non-residential withdrawal seeks to:

* cease or reduce substance use to a level that restores a person’s health and wellbeing in the short-term
* provide a firm foundation for a person’s longer-term improved health and wellbeing
* provide a step-up or step-down response for clients requiring stabilisation, including pre- or post-residential withdrawal treatment
* form part of an integrated and coordinated care pathway by linking complex clients with the care and recovery coordination function.

# 2. Description of the service

Non-residential withdrawal services support people to safely achieve neuroadaptation reversal or stabilisation via abrupt cessation or gradual reducing regime with the support of a medical practitioner. Includes clinical withdrawal assessment, withdrawal treatment and referral and information provision via home-based, outpatient, outreach or hospital-supported modalities.

Non-residential withdrawal services are located in each of the catchments. Non-residential withdrawal is available in a variety of settings and may be provided in coordination with medical services such as hospitals, GPs and addiction medicine specialists. The service model may differ from catchment to catchment and is responsive to local need.

The Third Edition of the *Alcohol and other Drug Withdrawal Guidelines* are available on the [Turning Point website](https://www.turningpoint.org.au/treatment/clinicians/withdrawal-guidelines%3e). <https://www.turningpoint.org.au/treatment/clinicians/withdrawal-guidelines>

# 3. Client group

The target client groups for this activity are:

* low to medium-risk clients aged 16 and over with an AOD dependence
* clients with a level of stability in their lives exhibited by supportive friends or family, or stable housing
* clients accessing shared care arrangements with rural hospitals
  + higher-risk clients requiring non-residential treatment, including targeted step-down withdrawal support following residential withdrawal treatment.

Where a person is assessed as needing non-residential withdrawal, they are referred for this service. Prioritisation of access to non-residential withdrawal is based on level of acuity and need, including psychosocial need.

There are a number of clients whose AOD use requires a residential withdrawal response, but whose concurrent mental health issues or behavioural problems make it difficult for them to successfully engage in a residential withdrawal setting. These clients may be assessed as suitable for non-residential withdrawal as part of their stepped care pathway. In such cases continual risk assessment is a critical component of treatment.

Non-residential services also provide step-down support to clients discharged from residential withdrawal services, especially those for whom the duration of the withdrawal syndrome goes beyond the duration of their residential admission. For example, clients experiencing protracted withdrawal from methamphetamine or benzodiazepines may require further treatment support available through non-residential withdrawal.

# 4. Obligations specific to this activity

In addition to the obligations listed in the Service Agreement, organisations funded to deliver this activity must comply with the following:

## 4a. Registration and Accreditation

* Funded AOD treatment services in Victoria must comply with the requirements of any relevant accreditations and standards. They must be, or able to be, accredited within generic accreditation frameworks by a certified entity. More information is available on the [department’s AOD service quality and accreditation webpage.](file:///\\N060\group\Drug%20Policy%20and%20Services\Delivery%20&%20Performance\Service%20agreement%20activity%20descriptions%20project\Guidelines\aod-services-accreditation-requirements-sep-2017-pdf.pdf) <https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-service-quality-accreditation>

## 4b. Program requirements and other policy guidelines

* All AOD program requirements are contained in the AOD program guidelines. These are available on the [department’s website.](file:///\\N060\group\Drug%20Policy%20and%20Services\Delivery%20&%20Performance\Service%20agreement%20activity%20descriptions%20project\Guidelines\Alcohol%20and%20other%20drugs%20program%20guidelines-part%202-program%20and%20service%20specifications.docx) <https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-program-guidelines>

# 5. Performance

Funding is subject to achieving the performance targets specified in Schedule 2 of the Service Agreement. Performance is measured as follows:

## Key performance measure 1: Number of Drug Treatment Activity Units

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| Aim/objective | To ensure that the service provider has delivered the quantity of services recorded in the service agreement. |
| Target | The performance measure target is provided in the Service Agreement. |
| Type of count | Cumulative  Non-cumulative |
| Counting rule | For standard and complex clients community-based withdrawal is counted on course of withdrawal, brief interventions and family single sessions are counted on completed contact.  DTAUs and their operation are described further in Part 3, Section 4.1 of the AOD program guidelines. These are available on the [department’s website](https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-program-guidelines). <https://www2.health.vic.gov.au/alcohol-and-drugs/aod-service-standards-guidelines/aod-program-guidelines> |
| Data source(s) collection | The Victorian Alcohol and Drug Collection |
| Definition of terms | A DTAU unit is the measure used to quantify AOD service delivery. DTAUs have a fixed dollar value which is subject to indexation. Different activity types have different DTAU weightings and some priority populations attract an additional weighting. |

# 6. Data collection

The reporting requirements for this service are:

| Data collection name | Data system | Data set | Reporting cycle |
| --- | --- | --- | --- |
| Victorian Alcohol and Drug Collection (VADC) | Various – Service providers are required to integrate the VADC into their own client management systems | Not applicable | Monthly |

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