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| Prevention and Recovery Care - Youth15369 |
| Outcome objective: Victorians are healthy and well  Output group: Mental Health  Output: Clinical Care |

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## 1. Service objective

The aims of Youth Prevention and Recovery Care (YPARCs) are to:  
• improve mental health outcomes and the recovery journey of young people with a severe mental illness and/or complex mental health disorders who are likely to benefit from short-term, intensive bed-based sub-acute care  
• reduce avoidable admissions to acute mental health services and/or reduce the length of an inpatient admission for a young person, allowing the optimal use of acute inpatient beds.

## 2. Description of the service

YPARCs are recovery-focused clinical and non clinical treatment services to young people in a sub-acute residential setting, for 20 beds, for up to 28 days. YPARCs are designed for young people, aged 16-25, who are:  
• becoming unwell, or have experienced a plateau in their recovery and may benefit from a brief intensive recovery support intervention (“step up”) or   
• in the early stages of recovery and recently spent time in an acute mental health inpatient unit and may benefit from additional support to strengthen gains made from spending time in an inpatient setting (“step down”).

## 3. Client group

• Bed based  
• Client Facing  
The client group this activity is targeted at is young people (16-25 years) with a severe mental illness and/or complex mental health disorders who are likely to benefit from short-term, intensive bed-based sub-acute care

## 4. Obligations specific to this activity

In addition to the obligations listed in the Service Agreement, organisations funded to deliver this activity must comply with the following:

### 4a. Registration and Accreditation

N/A

### 4b. Program requirements and other policy guidelines

* [Human Services Standards policy](https://providers.dffh.vic.gov.au/human-services-standards-policy)

<https://providers.dffh.vic.gov.au/human-services-standards-policy>

* [Policy and Funding Guidelines](https://www.dhhs.vic.gov.au/policy-and-funding-guidelines-health-services)

<https://www.dhhs.vic.gov.au/policy-and-funding-guidelines-health-services>

* [Youth Prevention and Recovery Care Guideline](file:/F:/Oracle/Middleware/Oracle_Home/user_projects/domains/bi2)

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* [Office of the Chief Psychiatrist Guidelines](file:/F:/Oracle/Middleware/Oracle_Home/user_projects/domains/bi2)

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* [Mental Health Act 2014](file:/F:/Oracle/Middleware/Oracle_Home/user_projects/domains/bi2)

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* [Outcome Measurements in Clinical mental health](file:/F:/Oracle/Middleware/Oracle_Home/user_projects/domains/bi2)

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* [Registration of mental health consumers](file:/F:/Oracle/Middleware/Oracle_Home/user_projects/domains/bi2)

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* [Victorian health services Performance Monitoring Framework](file:/F:/Oracle/Middleware/Oracle_Home/user_projects/domains/bi2)

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* [Mental health performance and accountability framework](file:/F:/Oracle/Middleware/Oracle_Home/user_projects/domains/bi2)

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## 5. Performance

Funding is subject to achieving the performance targets specified in Schedule 2 of the Service Agreement.

Performance is measured as follows:

### Key performance measure 1: Number of occupied bed days

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| **Aim/objective** | The aim of this performance measure is to count the number of days a bed is occupied. |
| **Target** | The performance measure target is provided in the Service Agreement. |
| **Type of count** | Non-cumulative |
| **Counting rule** | Bed is considered occupied when a client is occupying the Y-PARC bed. Bed is considered vacant when the bed is empty and not occupied by a Y-PARC client. |
| **Data source(s) collection** | * Admissions Separations report |
| **Definition of terms** | A client is defined as a person in receipt of a YPARC service. |

### Performance measure 2: Percentage of consumer outcome reports

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| **Aim/objective** | The aim of this performance measure is to count the percentage of clinical outcome reports |
| **Target** | 85 % |
| **Type of count** | Non-cumulative |
| **Counting rule** | Percentage of required collection events in a prevention and recovery care (PARC) unit where a HoNOS outcome measurement scale (HNSADL) was completed, excluding invalid HoNOS scores (more than two items rated as '9'). |
| **Data source(s) collection** | * Outcome report |
| **Definition of terms** | A client is defined as a person in receipt of a YPARC service. This measure collects the outcome measure data for the clinical outcome, due 10th of the month following the measure collection. |

### Performance measure 3: Percentage of clinical outcome reports

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| **Aim/objective** | Consumer outcome reports |
| **Target** | 85 % |
| **Type of count** | Non-cumulative |
| **Counting rule** | Percentage of collection events in a prevention and recovery care (PARC) setting where a relevant consumer self-assessment measurement scale (BASIS-32/SDQ) was completed. |
| **Data source(s) collection** | * Outcome report |
| **Definition of terms** | A client is defined as a person in receipt of a YPARC service. This measure collects the outcome measure data for the consumer outcome, due 10th of the month following measure collection. |

## 6. Data collection

The reporting requirements for this service are:

| **Data collection name** | **Data system** | **Data set** | **Reporting cycle** |
| --- | --- | --- | --- |
| Admissions Separations report | CMI-ODS | Admissions, separations | As Required |
| Outcome report | CMI-ODS | Outcome measures | Monthly |

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